

# Family & Friends

A Newsletter for the Friends of Stella Maris

October/November 2003

## Stella Maris Celebrates 50th Anniversary in Style

Over 300 employees, Sisters of Mercy and friends of Stella Maris recently came together on a warm September Sunday to celebrate Stella Maris' 50<sup>th</sup> Anniversary. The occasion was marked at St. Joseph's Texas with a Mass celebrated by Bishop William Newman and co-celebrated by Archbishop William Borders, both long-time friends of the Sisters of Mercy and Stella Maris.

Following the Mass, guests were invited for a wonderful reception in the multi-purpose room at St. Joseph's School, decorated with a lovely garden theme to coincide with the opening of a special Anniversary Garden at Stella Maris this fall. More information on the dedication of the garden will be forthcoming.

Honored guests T. Bryan McIntire and Senator Barbara Mikulski read citations on behalf of the Baltimore County Council and County Executive, as well as the entire United States Senate, respectively. Sister Karen McNally, Chief Administrative Officer, honored Mary Eaddy, who served Stella Maris with great dedication as an employee from 1955 until 1998 with her retirement, earning her the designation as longest

employed.

Sister Karen also thanked Ellen Meyers of Public Relations and the staff at the Mercy Health Foundation for their hard work organizing the event.

In a year full of celebrations and demonstrations of great commitment to our mission, the staff and Administration thank all our volunteers, employees and family members who help Stella Maris continue to be the best in caring for the elderly for the past and future 50 years.



**Jerry Bowen, Senior Vice President of Finance, and Bob Weber, Plant Operations Director, lead off the celebrants.**



**Senator Barbara Mikulski offers congratulations to Stella Maris for its 50 years of caring.**



**During the festivities, Sister Karen McNally recognizes Mary Eaddy, who was employed at Stella Maris for 43 years.**



2300 Dulaney Valley Rd.  
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# *Residents Enjoy Special Musical Gift for Anniversary*



*Residents clap to the beat of The Young Columbians.*

**S**tella Maris residents recently enjoyed a special 50<sup>th</sup> Anniversary concert by The Young Columbians, a unique ensemble of talented young performers. Trained under the direction of Toby Orenstein, Artistic Director of Toby's Dinner Theatre, these teenagers performed a unique program, *Celebrate America*, a nostalgic blend of music, dancing, and costumes from our nation's history. The uplifting celebration

brought great joy to the residents and offered them a chance to reminisce with favorite old songs. The program was made possible by a donation from the family of James LeSage, a former Stella Maris resident.

Following the performance, a lovely note was sent from The Young Columbians, which read "Thank you for letting us be a part of your 50<sup>th</sup> Anniversary Celebration. It is the pleasure that we give to people like the residents of Stella Maris who help us to remember why we are out there on that stage."

## *Mark Your Calendars!*

The 6<sup>th</sup> Annual Sister Louis Mary Battle Lecture has been set for Monday, November 24, 2003, at the Towson Sheraton Hotel, beginning with a reception at 6pm, followed by the lecture at 7pm. Margaret A. Farley, RSM, will discuss "***Compassionate Care: the Fostering of Hope***". Sister Margaret is the Gilbert L. Stark Chair in Christian Ethics at the Yale Divinity School, and holds degrees from the University of Detroit and Yale University. She is a member of the Sisters of Mercy, Detroit Regional Community.

This event is free of charge; however, seating is limited. Please call Janet Ferra in the Public Relations office at 410-252-4500 ext. 7268 for reservations.

## *2 Shehan Staff Honored*

Family members of former residents Gertrude Wilson and Grace Shine of 2 Shehan recently held a bull & oyster roast at Heritage Gardens in Parkville, with proceeds to benefit the Alzheimer's Association. The event was organized by Mike and Mary Wilson and Patricia Hewitt, both of whom lost their mothers within the past 6 months. At the end of the event, they raised over \$6,000 for this organization.

During the program, Mike Wilson recognized Bobbe Clarke and the 2 Shehan staff with a special gift. Congratulations to the 2 Shehan staff, and thank you to our family members for their continued commitment to the elderly.

# *Crab Feast & Auction Is Most Successful Yet!*

Over 1,000 friends and family members recently joined the Administration and Advisory Board of Stella Maris for the 19<sup>th</sup> Annual Crab Feast & Auction at the Timonium Fairgrounds. With the Ravens' season opening game on a big-screen television, the music from 98 Rock DJ Steve Ash rockin' the house, and all those crabs and other great food to eat, it was definitely one of the most memorable crab feasts ever.



*Hospice Volunteer Coordinator John McLoughlin and friend Eddie Deegan having a great time.*

It was also the most successful crab feast to date, netting over \$100,000 for the Monsignor Lyness Fund, which helps pay for hospice care for those without sufficient resources. This is the largest amount ever raised from this event, and it could not have been possible without the help of so many of our wonderful sponsors.

Special thanks to all those who purchased event tickets, raffle tickets, and auction items. Many thanks also to our many volunteers, without whom we could not possibly hold this event.

Mark your calendars now for September 12, 2004, the 20<sup>th</sup> Anniversary of our Crab Feast & Auction. We'll have even more special things lined up!



*Ravens fans take a break from the game to enjoy some crabs.*

## *Celebrating Hospice Month*

During the month of November, Stella Maris and its Hospice Program will celebrate National Hospice Month. Each year, a memorial mass is held in remembrance of all those who have passed in the Hospice units in the past 12 months, and each name of the deceased is read aloud with family members in attendance. This year's mass will be held on Sunday, November 2 at 10:30am.

The Center for Grief and Loss will also hold its annual Holiday Bereavement Seminar on Wednesday,

November 19 from 7-8:30pm in the Stella Maris Auditorium. Please call Helen Streimer at 410-252-4500 ext. 7280 to reserve your space.

John McLoughlin, Hospice Volunteer Coordinator, will initiate his new volunteers in November to assist patients and family members on the Timonium in-patient unit, hospice home care and Stella Maris Hospice at Mercy. If you are interested in volunteering, please call John at 410-252-4500 ext. 7315.

# *High Tea and Hats Party Entertains Ladies of 3 Pangborn*



**3P residents Naomi Kirwin, Bertha Degano (standing), Katherine Hisley and Amelia Kirby (seated) show off their lovely hats.**

The ladies on 3 Pangborn were entertained with a very special "High Tea and Hats" party. The event was organized by four creative residents: Katherine Hisley, Naomi Kirwan, Bertha Degano, and Amelia Kirby.

Each resident could invite one female guest and the special color for the day was pink. The invitations, designed by the committee, were sent out weeks in advance. Hats were required, while white gloves were

optional.

The dining room was decorated with pink placemats, plates and napkins, accented by white and gold trimmed teacups. Music from a London

tearoom, provided by Naomi Kirwin's daughter, Pat Lamdin, played in the background. Many different kinds of herbal teas were served along with delicious cookies.

Special thanks to resident Katherine Selina's daughter, Grace Myers, who provided table prizes and resident Therese Robert's sister-in-law, Joan Roberts, who donated long-stemmed pink roses. A special thanks to Mary Reeves, guest of Nellie Disney, for a beautiful flower arrangement.

The newly refurbished dining room was the perfect setting for this party, which was so successful the committee decided to make it a yearly celebration. If you would like to volunteer to help organize events like this, call Volunteer Coordinator Cass Bittner at 410-252-4500 ext. 7254. ■

## *Stella Maris, MPT to Co-Host Afternoon Lecture on Elderly*

Stella Maris and Maryland Public Television (MPT) will co-host an afternoon lecture and tea entitled, "Honoring Our Mothers and Fathers: Dignity in the Golden Years," on Sunday, October 26<sup>th</sup> at 2pm in the Stella Maris Auditorium.

Clips of the award-winning PBS documentary, "And Thou Shalt Honor," will be shown, followed by a panel discussion. Panelists include Dr. Ernestine Wright, Assistant Medical Director, Stella Maris; Dr. Barbara Ensor, PhD, staff psychologist; Marylee Hilgarter, Night Nursing Supervisor; and David Pessin, specialist

in elder care finances at the law firm of Hodes, Ulman, Pessin & Katz, PA.

Topics include dementia care, long-distance care for elderly relatives, nursing home placement, home care for the elderly, and making financial arrangements for elder care. Faith Michael, Director of Outreach at MPT, will moderate and Sister Karen McNally, RSM, Chief Administrative Officer, will serve as host.

The event is free and open to the public but reservations are necessary. Please call Faith Michael at 410-581-4034 or email her at outreach@mail.mpt.org for information and reservations. ■

# *Auxiliary Memorial Christmas Tree*



Each year, the Auxiliary provides an opportunity for you to honor or memorialize someone you love through the Auxiliary Memorial Christmas Tree. Joseph Zeiler will once again chair this most important function of the Auxiliary, the

proceeds of which benefit all the residents of Stella Maris. The tree will be located on the first floor just outside the chapel.

For \$10, we will place a star on the tree with the name of whomever you designate clearly displayed. You may also take the star(s) home to display on your Christmas tree for all your family and friends to see.

To purchase a star, please return the form below with your payment to the Public Relations Department.

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Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

I would like to purchase \_\_\_\_\_ star(s) at \$10 each. I have enclosed my payment of \$ \_\_\_\_\_

MasterCard or Visa Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

*(Please print the name as you would like it to appear on the star)*

I am purchasing a card in honor or memory of \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## New Phone System!

Stella Maris has a new phone system. If you are dialing the main number, you must listen to the automatic attendant to reach your party. All extensions remain the same, but we have added a "7" to each extension. For example, extension 570 is now 7570. For more information, please call the operator at extension 7552.

## About Family & Friends

This newsletter is designed to keep our residents' loved ones informed about what is happening at Stella Maris. For more information, contact Kelly Sheridan at 410-252-4500, ext. 7570.



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# Upcoming Support Groups

*Loss of Child Support Group*  
Tuesdays – 7pm  
October 14 – November 18

*Widows & Widowers Support Group*  
Wednesdays – 7pm  
October 15 – November 19

*Parent Loss Support Group*  
Thursdays – 7pm  
October 16 – November 20

*Adult Sibling Loss Support Group*  
Mondays – 7pm  
October 27 – December 1

*Me Too! Children's Bereavement Group*  
Tuesdays – 6:30pm  
November 3 – December 15

*Dementia Family Support Group*  
Wednesdays – 2pm  
October 15 & November 19

## Calendar of Events

### October 2003

- 4 Stella Maris Employee Picnic – 1pm
- 24 Sweet Treats Raffle in the McAuley Connection – 10am-2pm
- 26 Daylights Savings Time ends
- 31 Halloween

### November 2003

- 4 Election Day
- 11 Veteran's Day
- 19 Holiday Bereavement Seminar – 7-8:30pm--Stella Maris Auditorium
- 21 Auxiliary Bake Sale – McAuley Connection
- 24 6<sup>th</sup> Annual Sr. Louis Mary Battle Lecture – Towson Sheraton Hotel
- 27 Thanksgiving

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